

## LA-UR-21-21691

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Title: Biomedical Research at Los Alamos National Laboratory

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Intended for: Community Outreach

Issued: 2021-02-22

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# Biomedical Research at Los Alamos National Laboratory

Kiersten Lenz

February 26, 2021

# Background

- Originally from NY
- Attended the University of Delaware
  - Biology & Psychology double major
  - Master's of Arts in Teaching (+1 year)
- Taught high school AP Biology for 2 years
- Taught middle school Science for 1 year
- Went back to school for a second Master's Degree
  - Master's of Science in Biomedical Engineering



# Background

- Currently live in Los Alamos, NM
- Research Technologist at Los Alamos National Laboratory (LANL)
  - Also did my Master's thesis work at LANL
  - Chemistry for Biomedical Applications Team
  - Focus on biosensors research



# Los Alamos National Laboratory

- Department of Energy national laboratory
- Established in 1943 as part of the Manhattan Project
- Currently performs research in diverse fields
  - National security
  - Nuclear fusion
  - Energy
  - Space exploration
  - Medicine and Biology



# Daily Tasks

- Lab Manager
  - Inventory
  - Scheduling equipment maintenance
  - Laboratory documentation (biosafety)
  - Scheduling and organizing team meetings
- Research Projects
  - Weekly meetings with teams to plan experiments
  - Long-term planning – how to accomplish goals of specific projects
  - Planning and executing experiments
  - Data analysis – which guides future experiments
  - Designing and building microfluidic devices



# Major Research Areas

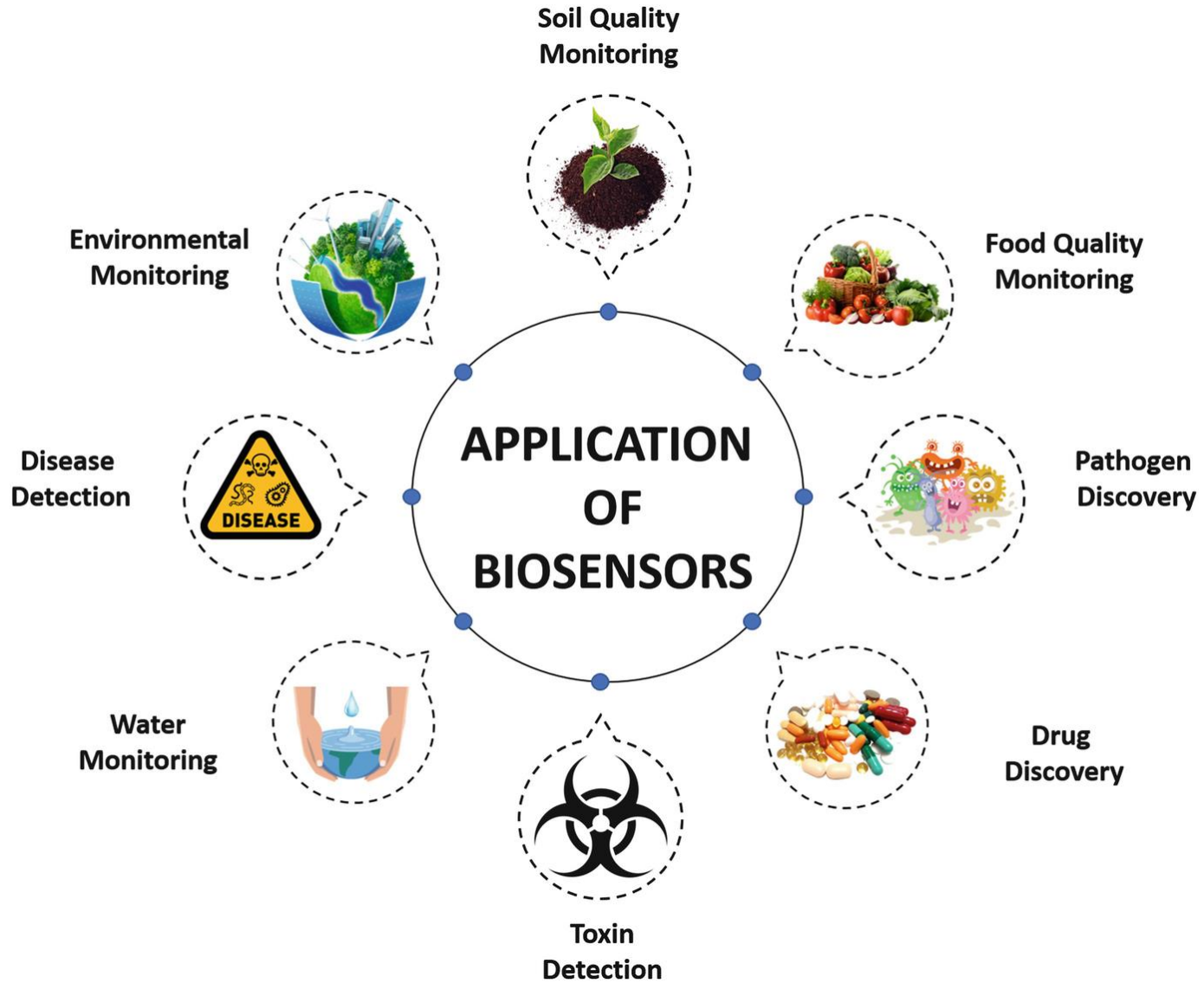
1. Biosensors

2. Microfluidics

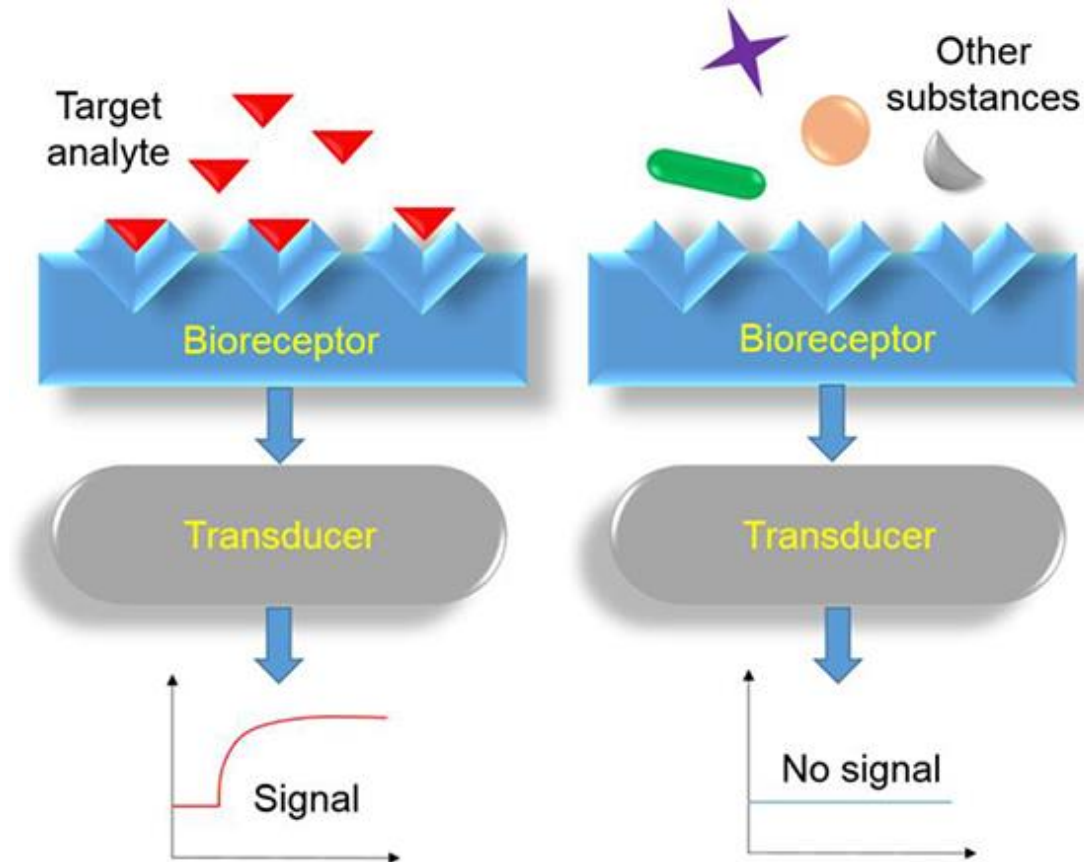




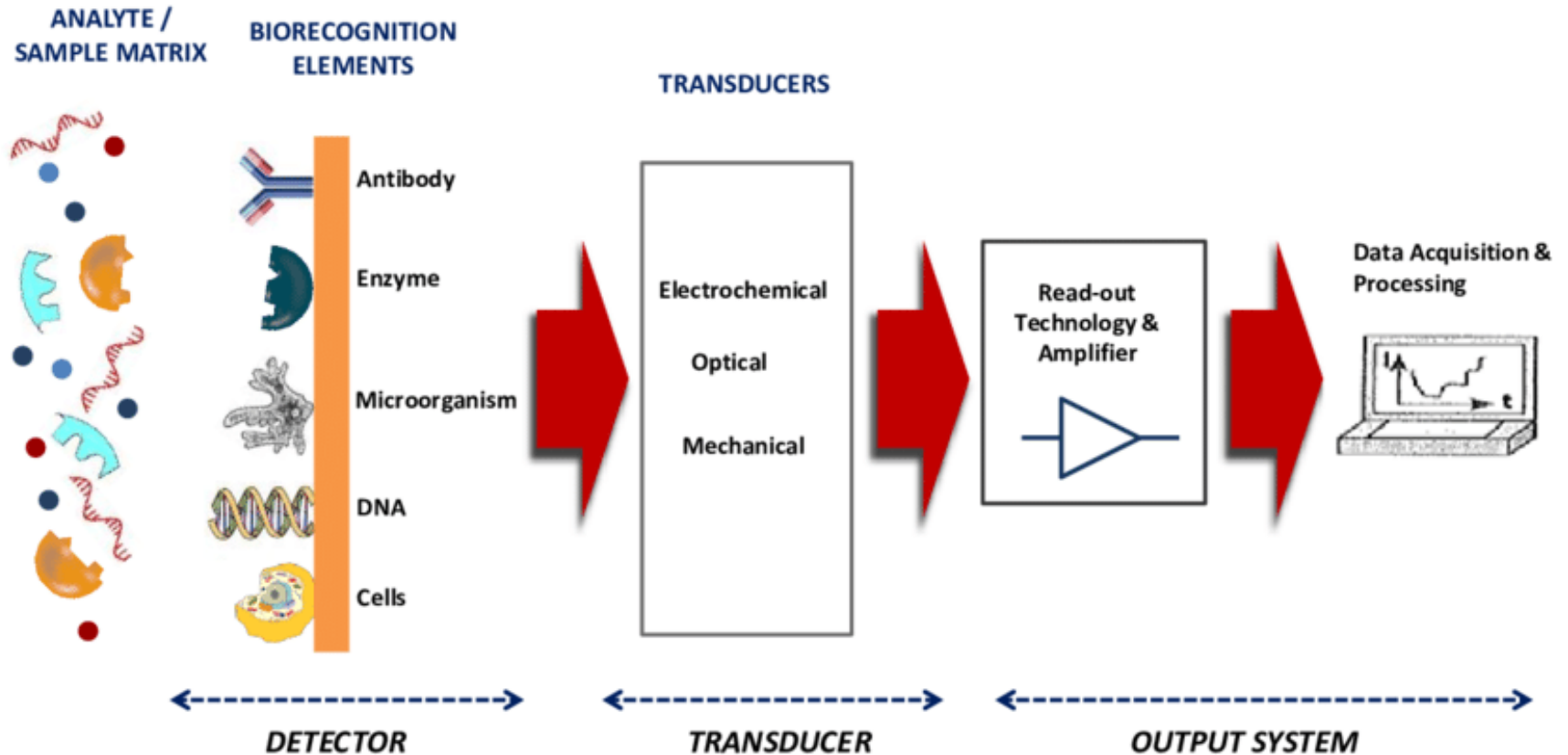
# Biosensors



# Biosensors – how they work

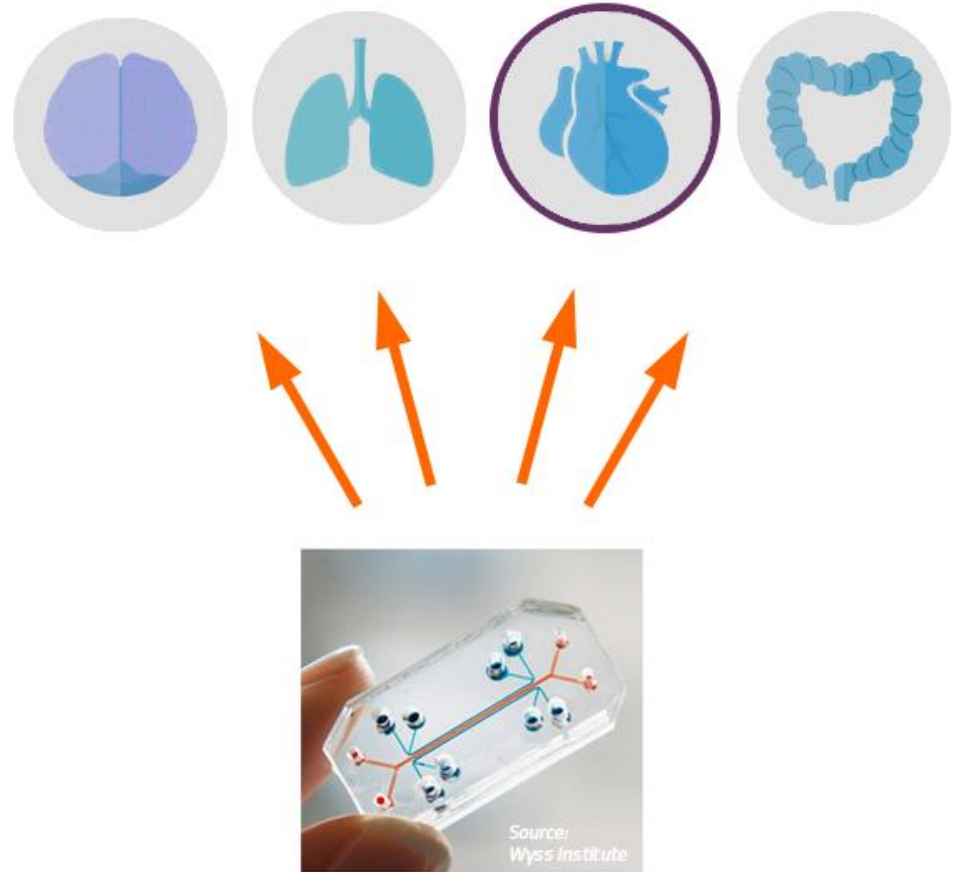


# Biosensors – how they work



# Microfluidics

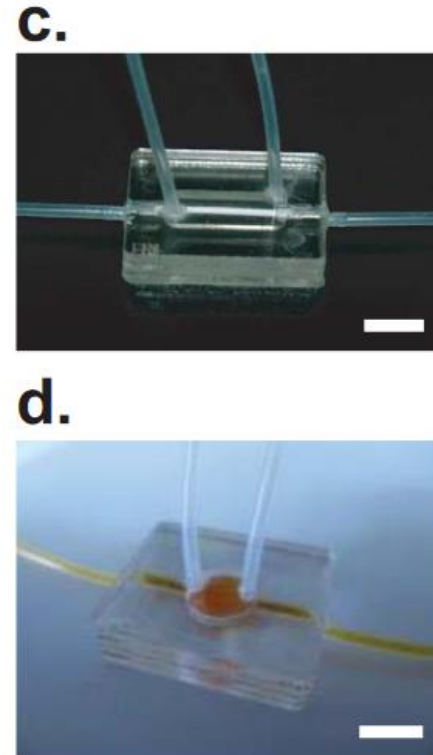
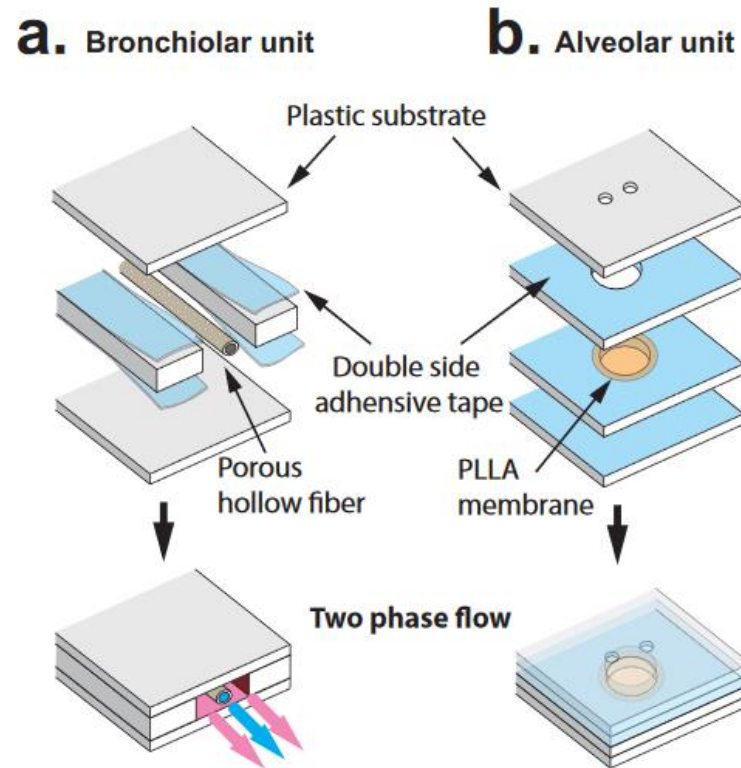
- Commonly called “Lab on a Chip”
- Miniaturization of laboratory processes
  - Clinical pharmaceutical trials
  - Personalized medicine
  - Sample processing
  - Biosensors



# Microfluidics

- Involves:

- Iterative design
- Biological compatibility
- Additive manufacturing
- 3D printing
- Imaging
- More!



Example: "lung on a chip"



# Our Biosensor

Universal Bacterial Sensor



Global Health



Biological Warfare



Deployed Troops



# Biomarkers of Interest

- **Biomarker:** molecules that are useful indicators of disease state
  - Can be your own biomarkers
    - HDL & LDL (cholesterol)
  - Can be pathogenic biomarkers
    - Molecules secreted by bacteria, viruses, etc. upon infection
    - Detection can help to diagnose specific illnesses
- Our sensor can detect:
  - Toxins
  - Bacterial biomarkers
  - DNA/RNA
  - Cholesterol
  - Cancer markers





# The Challenges

- Remote settings
- Lack of resources
- Time to diagnosis
- Sample (blood) needs to be processed before sensor can detect biomarkers





# The Solution

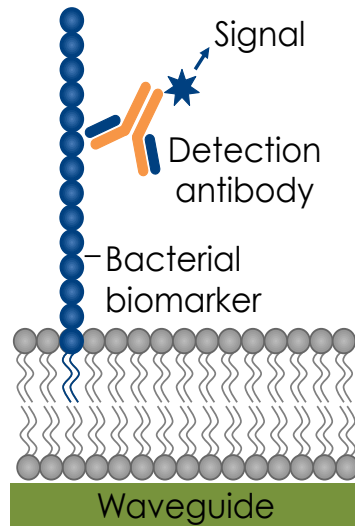
**1**

drop of blood  
applied to  
assay cartridge



**2**

bacterial  
assay  
performed



**3**

measurement  
taken in  
sensor



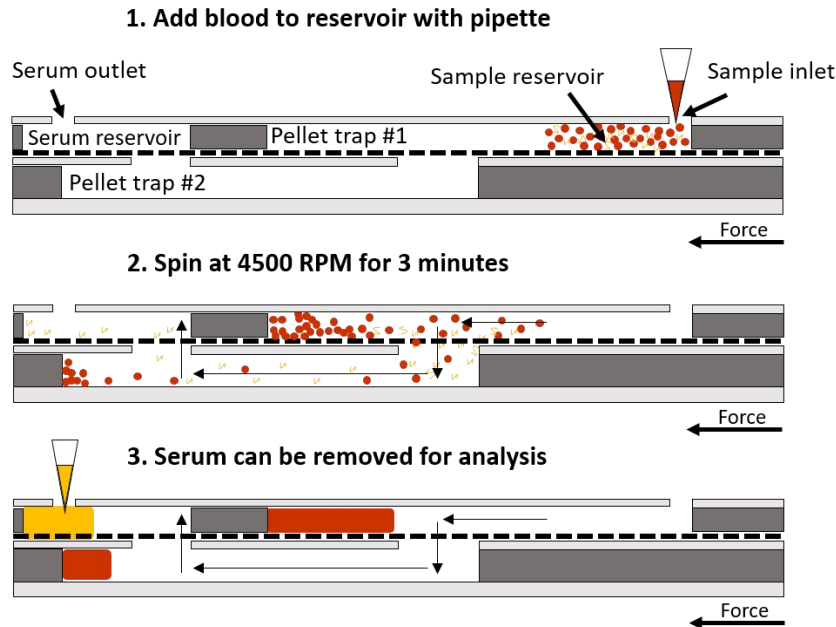
**4**

infection  
result

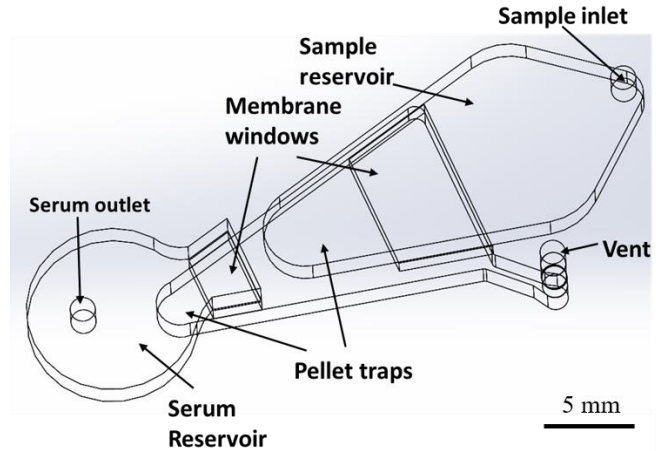


# The Solution

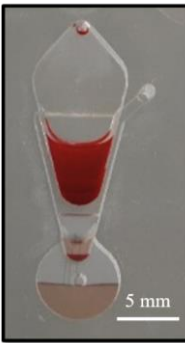
A



B



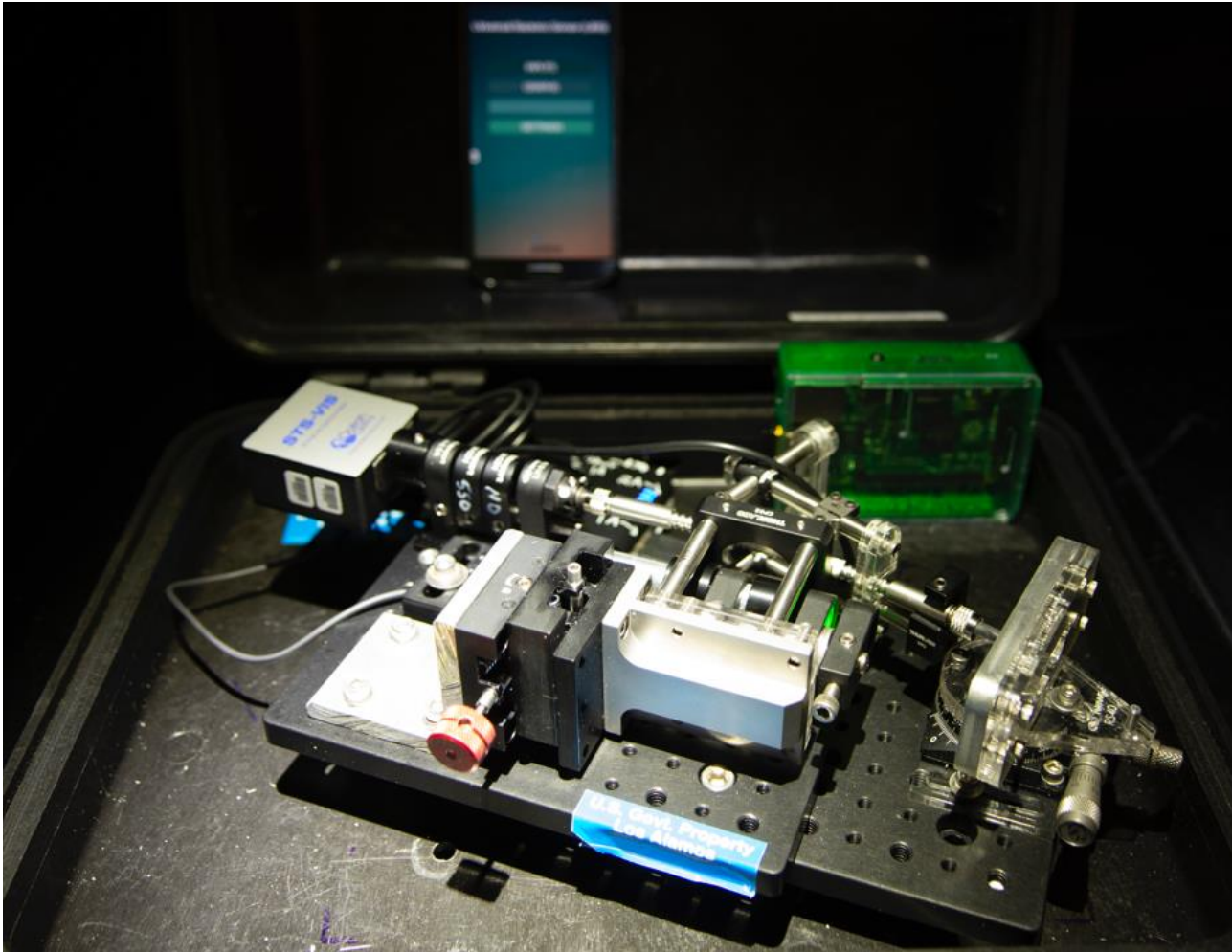
C



- Separation of serum from blood on microfluidic chip
  - Automated sample processing
  - Low volume requirements
  - No laboratory expertise needed

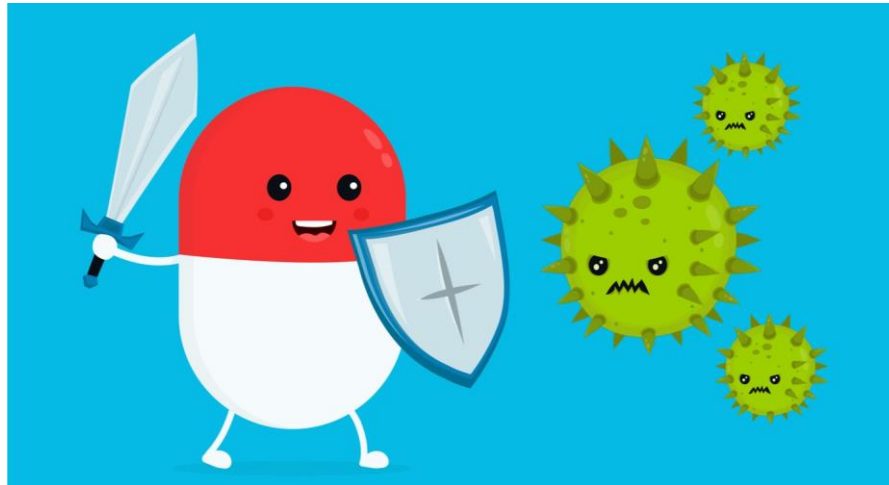


# The Solution



# The Outcome

- Diagnosis from a single sample type – blood
- Early diagnosis
  - guides treatment decisions
  - monitors prognosis
- Human and veterinary applications
- Distinguish between bacterial and viral infections
  - Very important for prescription decisions
  - Overuse/misuse of antibiotics can lead to antibiotic resistance!



# Takeaways

- In the field of biomedical research, being *adaptable* is one of the greatest skills to have
- Being involved on multiple projects typically requires the learning of new skills
  - Literature review
  - Practice experiments
  - Consulting with experts



# Questions

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